



STATE OF UTAH-DEPARTMENT OF SOCIAL SERVICES

CALVIN L. RAMPTON  
Governor

PAUL S. ROE  
Executive Director

DIVISION OF HEALTH  
44 MEDICAL DRIVE  
SALT LAKE CITY, UTAH 84113  
AREA CODE 801  
328-6135

May 17, 1973

Board of Health  
Air Conservation Committee  
Health Facilities Council  
Medical Examiner Committee  
Nursing Home Advisory Council  
Water Pollution Committee

BUREAU OF DISEASE PREVENTION  
72 East 4th South  
Salt Lake City Utah

LYMAN J. OLSEN, M.D., M.P.H.  
Director of Health

R. Raymond Green, M. D.  
45 South Main Street  
Heber City, Utah

Dear Doctor Green:

The State Division of Health performs the rubella hemagglutination inhibition test for rubella antibodies on all blood specimens of women submitted for premarital serologies. This test result is of primary importance to your patient and should be interpreted to her together with your recommendations regarding indications for rubella immunization.

Results from 12,000 specimens indicate that 15% of females have titers of less than one to eight (<1:8) which is interpreted as evidence of rubella susceptibility.

Immunization is recommended when the following criteria is met:

1. the patient has demonstrated susceptibility,
2. the presence of a concurrent pregnancy has been eliminated,
3. the patient has been thoroughly instructed that pregnancy should be avoided for two months after vaccination, and
4. the patient has been informed of the potential dangers of pregnancy occurring during or immediately subsequent to vaccination.

The Division of Health provides rubella vaccine, without cost, to practicing physicians and immunization clinics for administration only to children who are between the ages of one year and puberty. Vaccine for older children and adults may be purchased through regular channels. In cases of financial hardship, arrangements could be made with the Bureau of the availability of free vaccine.

Sincerely yours,

Taira Fukushima, M.D., Director  
Bureau of Disease Prevention

18-73

R. Raymond Green, M. D.  
45 S. Main  
Heber City

<u>Name</u>	<u>Address</u>	<u>Rubella Titer</u>
Linda Durfee	Heber	Less than 1:8
JaLynn Rasmussen	Heber	1:64